

ARE YOU YOUNG CARER AWARE?

Speak to your schools'
Carers Lead for help
and support.

The Carers Lead in this
school is:



Today, I did my maths
exam at school

Tonight, I have to make
my Dad's dinner



#YOUNGCARERAWARE

🌐 www.nottinghamshirecarers.co.uk
✉ info@nottinghamshirecarers.co.uk
☎ 01773 833 833

Tu Vida  Nottinghamshire
Carers Hub



Reg. Charity No: 1062777